

2022-2023 PCHS Wrestling Season Proposal



Submitted to: Ms. Bean & Mr. Briscoe

Submitted by: Head Coach Thom Hensley

TRIP OVERVIEW:

Day	Date	Location
Friday Night	December 16th	Asheville, NC
Friday Night	February 10th	Lincolnton, NC

The Smoky Mountain Grapple will be taking place in Asheville, NC at the Harrah's Arena on December 16th and December 17th. We would like to use a hotel on Friday, December 16 to house our wrestlers. All expenses will be paid by the wrestling program. We would like to do this to ensure all athletes and coaches get a proper amount of rest for the second day of the event. Most teams will do this, and we would like to as well so as not to lose a competitive edge. Last season, we saw our team have an excellent day one, and drop off considerably on day two. We returned to school last year at 1 AM, and had to meet back at the school at 5 AM Saturday morning to ensure we made weigh-ins on time.

The NCHSAA 2A West Regional Tournament will be held at West Lincoln High School in Lincolnton, NC. The reason for us wanting to stay in a hotel overnight is the same reason as for the The Grapple event in December. This event guarantees spots at the state tournament the following weekend, so it is a very important event for us. We would like to be well rested, and ensure that we are not fatigued due to lack of sleep. Last season, we came back to school at 1 AM on Friday night, and had to meet back at 5:30 AM.

STUDENT and CHAPERONE COST:

Expenses:

- Meals and lodging will be covered by parents and the wrestling program.

LODGING:

- Asheville, NC and Lincolnton, NC. Hotels will be booked after permission to travel has been obtained.

CONTACT INFORMATION

- Thom Hensley 828-429-7210

TRANSPORTATION:

- Polk County Schools Transportation
 - Driver: Thom Hensley

CHAPERONES:

- Thom Hensley
- Dave Minnich

LUGGAGE RESTRICTIONS:

- None

STUDENT MEDICAL INFORMATION FORM:

It is the responsibility of the student and parents to provide any updated information in reference to student health/medical situations. If any changes have occurred since filling out the form in December, please note changes on the attached form (initiated by the parent), and return to Coach Thom Hensley before the trip.

PERMISSION TO TRAVEL

Our child, _____ has permission to travel/and stay in a hotel when we travel to *The Smoky Mountain Grapple and the 2A NCHSAA West Regional* with the Polk County High Wrestling Program.

- We have received a copy of the trip proposal and the Behavior Guidelines/Expectations.
- We expect our child to adhere to all items mentioned in the Behavior Guidelines/Expectations, as well as any information contained in the Polk County High School Student Handbook.
- We realize that these guidelines, rules and regulations are put in place in order to make traveling a safe experience.
- We will hold our child responsible for any infraction of the rules and regulations that result in any harm to personal self, school or hotel property.

Please return to Coach Hensley. Thank you!

I/We have read and agree to all of the above statements.

Parent/Guardian Signatures _____ Date _____

_____ Date _____